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Welcome to the **heart** of the Adriatic

kayaking, cave exploring, diving, tennis, birdwatching, cycling, hunting, fishing, sailing, stand up paddling, kiting, kitesurfing and windsurfing are only some of the activities that the region of Zadar offers on its shores and islands. You can dive into the magical underwater world and explore ancient shipwrecks and underground caves, climb to mountain peaks reaching up to 1800 meters above sea level, raft down the Zrmanja River canyon, take a jeep safari through precipitous mountain areas, take a ride along bike trails in the length of several hundred kilometers or play tennis and enjoy the wellness offer in peaceful hotel complexes. It is up to you to choose from the rich offer of this diverse region.

The region of Zadar is a true challenge for lovers of trekking. Only in the Paklenica

National Park there are marked walking and hiking trails in the length of 150 kilometers. The fact that those venturing to conquer the Himalaya come to the Paklenica and Velebit Mountain region to practice their climb while enjoying the scent of the sea speaks enough of the power and strength of this area. Besides hiking and climbing, they and numerous other tourists often at least once dare to explore the charms of speleology since this part of Croatia is home to numerous luxuriously decorated caves, from those on the Velebit Mountain, to those on the island of Dugi otok.

The underwater world of the Zadar region is a true heaven for divers. Different shores and hundreds of islands make it wide and diverse. You can explore shipwrecks, forests of sea algae or swim with





dolphins. Most of significant sites can be easily accessed from the shore or, if situated around distant islands, by boat. If you are a beginner diver and wish to explore and experience the fascinating underwater world, you can attend diving courses or take part in organized diving tours to reach the perfect spot for your first dive.

The area is also ideal for wind and kitesurfing since it is characterized by constant strong yet harmless winds. The beginners and those wishing to learn how to surf will find all they need on the sandy beaches of the Nin lagoon and will also have the chance to fly above Nin, the rocky silhouettes of the island of Pag and the elevations of the Velebit Mountain in the hinterland.

Sailing between hundreds of islands, islets and cliffs in one of the most heavily indented water areas of Europe, between four rows of islands, is a trademark of this area. Beautiful channels, a light summer breeze and tame bays thrill the lovers of sailing, ensuring them a fascinating view and an amazing sailing experience.

The wild waters and waterfalls of the Zrmanja River are ideal for lovers of canoeing and kayaking. As a sort of sanctuary, the beautiful, pearly-viridescent currents of the Zrmanja River that descend from the edges of the slopes of the Velebit Moun-







tain towards the sea create an impressive view. Wild waters, waterfalls or calm areas of the river surrounded by beautiful cliffs or karst fields from the mill house beneath Kaštel Žegarski to the Veliki buk waterfall. will excite and thrill anyone. And if that is not enough, you can always decide to go bungee jumping off the Maslenica Bridge into the azure waters of Novsko ždrilo. And if you are one of those who like to stand firmly on the flat ground, the numerous maintained bike trails are perfect for your active vacation. The ones on the islands of Pag, Ugljan and Pašman and those extending across the Velebit Mountain will thrill all cycling lovers.

^{1.} Zrmanja river, 2. Velebit, 3. Sabunike, 4. Nin, 5. Vransko jezero Nature Park



National and **Nature** Parks in **Zadar Region**...

- 1. Paklenica National Park
- 2. The cliffs at **Telašćica** Nature Park
- 3. The river Zrmanja at **Velebit** Nature Park
- 4. Vransko jezero Nature park

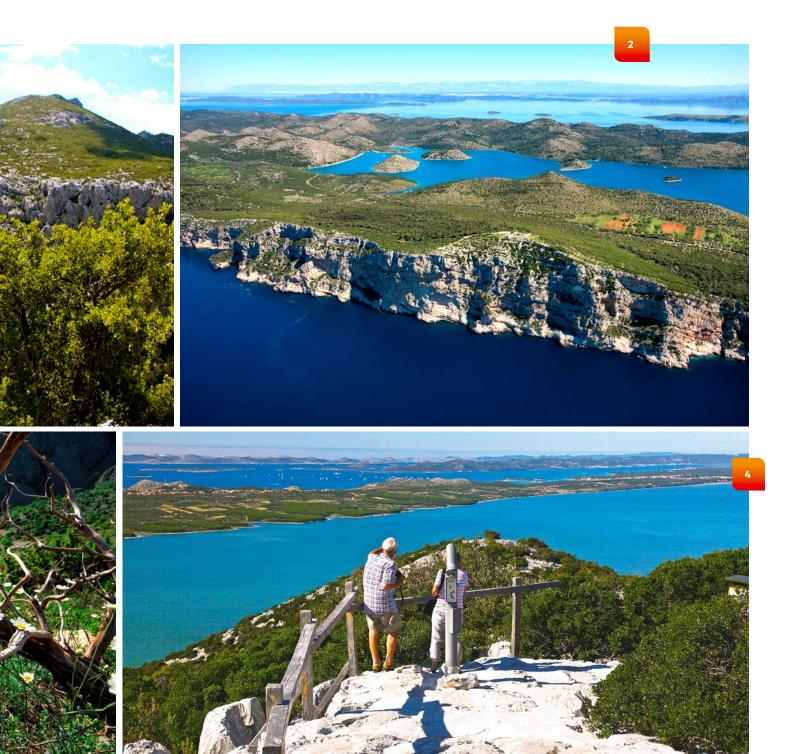
...and surroundings

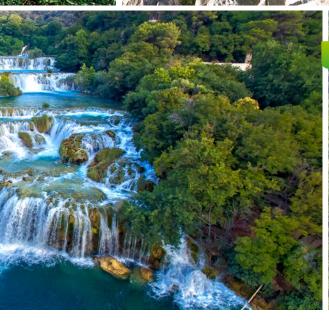
- 5. Kornati National Park
- 6. Krka National park
- 7. **Plitvice** National Park



















Main **Outdoor Events** 2019

9.3. Pašman Island ŠKRAPING trekking race www.skraping.hr

13. 4. Zadar ZADAR NIGHT RUN HALFMARATHON www.zdnightrun.com

26.-28.4. Obrovac ZRMANJA ADVENTURE FESTIVAL www.zrmanjaoutdooradventures.com 26.-28.4. Starigrad Paklenica 20th INTERNATIONAL CLIMBERS MEETING www.np-paklenica.hr

1.5. Pakoštane MTB MARATHON VRANA LAKE www.pakostane.hr

5. 5. Zadar WINGS FOR LIFE WORLD RUN CROATIA www.wingsforlifeworldrun.com/hr/en/ zadar/

10.-12. 5. Zadar ZADAR OUTDOOR FESTIVAL www.zadaroutdoor.com 18.5. Starigrad Paklenica PAKLENICA TRAIL INTERNATIONAL www.paklenicatrail.com

21.-23.06. Starigrad Paklenica 100 MILES OF VELEBIT www.outdoor.hr

31. 8. Starigrad Paklenica ABSOLUTE PAKLENICA Vertical Race www.paklenicatrail.com

10.-15.09. ADVENTURE RACE CROATIA www.adventureracecroatia.com

14.-19.09. HIGHLANDER VELEBIT www.highlander.rocks





The diversity of the Zadar region provides fascinating experiences for cycling-lovers. The long and rugged coastline, an amazing archipelago, interesting and authentic hinterland with unique views such as Paklenica and the three river canyons, along with the moon-like surface of the magical island of Pag..., are just the highlights of what Zadar region has to offer!

The trails are divided into three main segments:

24 ROAD trails

Road cyclists can choose among different areas of interest - from completely flat areas suitable for basic training at the beginning of the season, through constant light and long climb, all the way to the short and steep parts. You can certainly reach the mileage you aim at as almost all routes go deep into the hinterland where the broad and non-traffic roads certainly make a difference a road cyclist will appreciate, whether an amateur or professional.

48 MTB trails

Mountain bikers will enjoy the variety of terrain - from technically undemanding gravel road to the demanding parts with attractive descents. The routes pass beautiful natural sites, remote villages, viewpoints and islands available for daily routes from almost all major tourist centers.

24 TREKKING & FAMILY trails

Recreationists and families on trekking bikes have at their disposal beautiful and simple routes that mostly all range from major tourist centers and pass through attractive areas in its vicinity.

Find your route with downloadable GPS data and maps at **www.zadarbikemagic.com** or download app with offline navigation!





Active experiences

1. ADAMO TRAVEL

HR-AB-23-110002322 info@adamo.hr www.adamo.hr

SEA KAYAKING

Row into the Sunset

Kayaking around Dugi otok; Telašćica Bay; the Veli Rat lighthouse on the north-western cape, near the town of Veli Rat; Sitno Bay; Sakarun Bay, one of the most renowned beaches in the Zadar County.

Dugi otok abounds with numerous bays that are ideal for kayaking - an increasingly popular way of spending your holidays or getting to know a new destination. The bays of Dugi otok and the area around the Veli Rat lighthouse definitely pose a challenge to all true kayakers! Telašćica Bay is one of the safest natural harbours on the Adriatic, and therefore one of the potentially most scenic kayaking destinations. The bay itself is protected from winds and waves and, since it is a part of Telašćica Nature Park, boat speed is also limited, which contributes to the safety of the entire area. The turquoise colour of the water, the view of the open sea, the sandy coast with pebbles that provide a good foot massage, the forest ... considering all these perks and the breathtaking natural environment, kayaking truly represents the perfect way of exploring the bay in a unique way.

DIVING

All the Secrets of the Underwater World of Dugi otok

Discovering the secrets of Dugi otok under the guidance of professional divers; underwater world around the

islet of Mežanj; the underwater cave of Brbinjšćica.

Exploring the depths of the sea has always posed a challenge to the abilities of mankind, while diving is a unique experience that takes us back to our very beginnings. When we're underwater, sounds are different, deeper. The light that reaches us looks like stardust from a magic wand. We are weightless. Our movements are lighter, softer. Once our professional divers take you to the magnificent underwater world of one of the best diving destinations in the central Adriatic and show you the hidden treasures located around the islet of Mežanj or the underwater cave of Brbinjšćica, you will immediately get hooked on the exhilaration of being underwater. And you're bound to return to again be at one with the sun, the underwater world and yourself.

2. FERAL TOURS

HR-AB-23-110004393 iva@feral-tours.com www.feral-tours.com

CYCLING

Cycling through islands and tastes

Cycling the three largest islands of the Zadar Archipelago: Pašman, Ugljan and Dugi Otok; tour of the cities of Zadar and Biograd; visit of one of the three nearby national parks (Paklenica, Krka or Kornati); lunches in authentic environments.

Peaceful cycling paths, lovely scenery, good food and plenty of culture will make cycling on several islands unique and unforgettable. Experience the beauty of the islands in the best possible way while cycling on picturesque roads. Distances from village to village are not significant, and each containsdelightfuil sights and enchanting views. Between these two island cycling stages we will take a break in the city of Zadar and walk through history in the stone streets of its Old Town. Perhaps you will rather visit one of the nearby national parks of Paklenica, Kornati or Krka. Or you could just give in to relaxation by listening to the famous Sea Organ in Zadar. We leave the decision to you. Along with authentic lunches in olive groves, vineyards and small fishing villages, we will complete our story with fragrances and tastes of this region.

SAILING

Sail into the past

Tour of the Roman olive oil processing complex in Muline; visit to the underground military port in Božava; tour of the Veli Rat Lighthouse; visit of Mana Island; tour of the Byzantine Tureta Fort and Our Lady of Tarca Church on Kornat Island.

Croatia has long been known for its numerous islands, but do you know what kind of wealth they hide? We will help you discover the less-known, but incredibly interesting facts about the islands of Zadar. Ugljan is called the "island of olives and oil". This is not unusual since we know that Romans had an agricultural complex in Muline with a large number of olive trees. The Muline Press was discovered there and it could process a large number of olives. Dugi Otok Island has a lighthouse on Veli Rat which is 42 meters high, the highest in the Adriatic. The island of Mana on Kornati was the filming location for "As the Sea Rages" (1959). We could mention many more examples because the Zadar archipelago has over 100 islands which we will sail by while guiding you through their stories.

3. ILIRIJA TRAVEL

HR-AB-23-060032302 damirm@ilirijabiograd.com www.ilirijabiograd.com

CAVING

In the realm of the underworld

Tour of the Cerovačke Caves, discovered in 1924, and constituting the largest cave system open to the public in





Croatia; visit to the Modrič Cave with Bronze Age remains and an 850-meter walk with the use of speleological gear; Manita Cave in Paklenica National Park.

Discover the most wondrous aspect of the karst - its underworld. We will take you into the Cerovačke Caves on the southern slopes of the Velebit Mountain, the largest caves open to the public in Croatia, with a variety of cave ornaments which take your breath away. A tour of the Modrič Cave right next to the sea in Jasenice, a natural cave without human intervention which can be visited in small groups with appropriate speleological gear and guides. Hiking tour of the wondrous Paklenica Canyon, which has been protected as a National Park since 1947 because of its beauty, will reveal the Manita Cave. Discover the colours and magic of stalagmites and stalactites, columns and many other shapes created by nature, which the underworld lights turn dreamlike. See the remains of cave bears and ancient humans in our selection of several among hundreds of caves in this rich karst landscape.

CYCLING

Bike tour of lost cities

Boat trip and bike tour of the islands of Pašman and Ugljan; cycling around the Vransko Lake; visit to the town of Benkovac; tour of an olive and fig plantation and vineyard in the village of Tinj; tour of Asseria and lunch at traditional farm Ražnjevića Dvori.

The bike tour of Pašman and Ugljan leads you up seaside paths to hilltop vistas. Observe the beauty and tranquillity of medieval monasteries, ride across the bridge which links the two islands together over a navigable channel toward the Kornati Islands, and along dry-stone walls and ancient olive groves, to the ornithological Vransko Lake Nature Reserve. Pass along the remains of Roman, Middle Age and Ottoman periods on the way to the Kamenjak hilltop where you can look at the latticework of a hundred different islands. Cycling through olive groves and vineyards will lead you to wine cellars, and the sampling of olive oil and wine together with the pride of local cuisine – prosciutto and cheese. At the Benković Castle in Benkovac you can see the only example of a threebarrelled cannon created according to designs by Leonardo da Vinci. Visit the Illyrian remains at Asseria and tour the traditional rural farm Ražnjevića Dvori where you will be delighted by traditional meals cooked under a "bell" ("peka") inside a tavern dating from the 16th century.

4. MALIK ADVENTURES

4. MALIN ADVENTURE

HR-AB-01-080832403 marko@malikadventures.com www.malikadventures.com

SEA KAYAKING

Kayaking exploration of three islands and fifteen reefs

Sea-kayaking training; diving to the Michele Shipwrecek (Dugi Otok – Molat); visiting an Iron Age archaeological site; familiarize yourself with organic honey production; olive oil production (Zverinac); Roman quarry tour (Kamenjak); cycling on Molat Island.

Of the many beautiful experiences offered by our Adriatic islands, perhaps the loveliest is that of the raw nature of the numerous unspoiled islands and reefs which offer tranquil silence and the pure scent of pine, salt and sea. Explore the Zadar Archipelago moving almost exclusively using the power of your own muscles. Kayak to three inhabited islands, dozens of villages and numerous islets and reefs, coves and secluded beaches. Snorkel among shipwrecks and underwater archaeological sites in crystal-clear turquoise waters. Cycle narrow countryside roads meandering through picturesque islands with stunning vistas of island bays. Experience living a sustainable Adriatic island life in a picturesque village. Get access to local fishermen, beekeepers and learn about medicinal plants and other little secrets of Mediterranean nature. This will become an important experience which you can take with you into the modern world.

SEA KAYAKING

Become the saviours of the last dolphins

Observe dolphins in their natural habitat; learn about dolphins, their behaviour and way of life; participate in Nature Val's research project; contribute to the protection of the last bottlenose dolphins in the Adriatic.

Sometimes we gain the best impressions by doing something really good and useful along with enjoying ourselves. Leave a positive mark on your travels and support a dolphin research project on the island of Molat. Contribute to photo identification of dolphins from your kayak in our key study areas. Meet Nature Val's research team led by a professor from the Faculty of Veterinary Medicine and learn about the history of marine mammals in the Adriatic and related research in the last two decades in Croatia. Learn about dolphins, their behaviour, and anatomy, all the while living a sustainable island life and moving only using the power of your muscles in one of Mediterranean's densest island groups.

5. NIN TURIZAM

HR-AB-23-110049008 nin.turizam.agencija@gmail.com

KITESURFING

Learn to surf in Nin

Beginner's kitesurfing course; individual practice and surfing in full gear; stand-up paddle boarding, windsurfing; rafting and canoeing on the Zrmanja River; visit to the Kornati National Park on an excursion boat.



You always wanted to learn how to surf, but you've never dared to try? Nin is an ideal place to begin such an adventure. Ždrijac beach has been selected as the best place to learn kitesurfing in Croatia. It is the most ideal place to learn all the intricacies of this sport, and maybe you will also discover your future favourite hobby. When combined with gualified instructors and professional gear, kitesurfing can be mastered in a quick, entertaining and safe way. After a beginner's course, you can practice surfing on your own. You can also try windsurfing and stand-up paddle boarding. All participants will be given an opportunity to receive a kitesurfing license. You can complete your holiday with rafting or canoeing on the Zrmanja River, or relax from adrenaline rushes by taking an excursion boat to Kornati National Park and exploring its natural beauty along with entertainment programs and pleasant company.

6. RAJNA

HR-AB-23-13060000564 rajna-paklenica@inet.hr www.hotel-rajna.com

HIKING JEEP SAFARI

Discovering Velebit

Active holiday; stay in a mountain lodge in the heart of Paklenica; two hiking tours; all-terrain vehicle tour; Velebit photo safari; Paklenica Discovery and Kayak Tour following the lower course of the Zrmanja River.

Velebit. The sea on one side, Lika on the other. The Paklenica National Park and Zrmanja River to the south. What else do you need? Only a little good will and

some courage to join us in an unforgettable adventure in which you will discover untouched nature, test your limits and be awarded with numerous memories. The best views of Zadar and Lika can only be reached in all-terrain vehicles on a photo safari. On a hiking tour of Paklenica National Park you will discover hidden beauty and natural phenomena. By relaxing in good company in a mountain lodge in the heart of Paklenica you can prepare for the Zrmanja River, which calmly flows towards the sea in its lower course between steep and unforgiving cliffs. It is a unique pleasure to observe the exceptional beauty of the mountains and to listen to the singing of birds. Join us in a kayak ride and experience this firsthand.

HIKING

Velebit adventure

The active holiday includes: Velebit photo safari in all-terrain vehicles, mountain-bike tour toward the sea, night hike to Sveto Brdo peak, watching mountain sunrise.

Velebit is an enduring mystery. However many times you visit it, it always offers something new which you haven't discovered before. Participate in a Velebit photo safari in all-terrain vehicles. There you will discover karst landscapes and magnificent views. You can visit the locations where the Winnetou films were made as well or observe the way of life of Croatian herdsmen from the past. A distinctive experience is the night hike to Sveto Brdo, the second highest peak of the Velebit Mountain (1751 m). The mountain will reward you with an unforgettable sunrise, after which you can descend through ancient beech woods into the heart of Paklenica. In the end you can test your fitness with a mountain-bike

tour down mountain paths toward the sea (starting from around 1000 m). Discover pristine nature. Conquer Velebit. See the sunrise from one of Velebit's peaks. Experience unforgettable moments. Your efforts will be rewarded with vivid memories.

7. RIVA RAFTING CENTAR HR-AB-23-110013185 info@riva-rafting-centar.hr www.riva-rafting-centar.hr

RAFTING RIVER KAYAKING

The hidden Beauty and Beast

Active tour of the Krupa, Krnjeza and Zrmanja canyons, as well as Zrmanja's source, following its course to the sea; biodiversity reserve, endless source of drinking water, and magnificent landscapes which can only be seen by paddling, cycling or hiking.

According to many, Zrmanja is one of the most beautiful rivers. They often call it the Hidden Beauty because of the difficulty in reaching it. With its strength and the strength of its tributaries it has carved its way towards the sea and left a deep and hidden canyon as its legacy. Its source, tributaries and canyon captivate the attention of every traveller, but at the same time hide many secrets which repeatedly confirm its beauty and strength. This place was made for lovers of nature and offers a variety of activities for an unforgettable holiday. The canyon can only be seen if you decide to enter it and embark on an adventure with a kayak or raft following the upper course of the river, or a standup paddleboard or boat on the lower course. Whether you will see the Beauty or the Beast, only Zrmanja knows.

8. SPORT I PUTOVANJA

HR-AB-01-080805240 bojan@sportiputovanja.hr www.sportiputovanja.hr

TENNIS

Tennis holiday

Full service: booking professional tennis programs, tennis and cycling, tennis and sailing, tennis and nature sightseeing, tennis for wheelchair users, tennis and yoga.

For many people tennis is the ideal sport because it involves the entire body and expends excess energy and accumulated rage from numerous business meetings. Ilirija Tennis Academy (ITA) provides different tennis services: a full tennis training system for players (WTA, ITF, ATP), tennis coaching/education, tennis holidays and tennis tourism. Design your ideal holiday with tennis coaching by one of our tennis experts. We will design a weekend, weeklong, month-long or a full time coaching program to suit your needs. Apart from tennis training we offer numerous other benefits for our clients, such as restaurants, swimming pools, bars, wellness centres, as well as animation and entertainment program for children and adults. Relax your body and mind in an ideal environment, among people who will cater to your every need.

9. ŠKVER TOURS

HR-AB 23-110034614 skvertours.nt@gmail.com www.skver-tours.com

HIKING

Three-in-one exploration – land, lake, sea

Adventure among the limestone rocks of the islands of Pašman, Kornati and

Dugi Otok, hiking the Vrana Path, tour of the archaeological remains near Vransko Lake.

The geographically small area of the Biograd Riviera contains great diversity. The playful archipelago abounds with untouched nature, numerous coves, a mysterious seabed, as well as old fishing huts, ideal locations for having your Robinson Crusoe moment, and the largest Croatian lake, Vransko Lake. This swampy area is a natural habitat for birds and numerous species of fish. It is a peculiar place full of biodiversity, remnants of centuries of history, as well as an authentic gastronomic offer which will satisfy even the most demanding palates. Apart from this, this area provides opportunities for various forms of active holidays. Get to know the way of life of the local island population and take in the scent of the sea from the highest cliffs of Kornati Islands, where you can gaze towards the endless blue waters of the open sea.

SAILING

Enchanted by the sea – under sails in turquoise waters

Tour of Galešnjak Island (called "the island of love" because of its heartlike shape), tour of Gnalić Island, which houses a collection from a shipwreck from the 1960's; visit of a farm; degustation of local island delicacies.

If you want an active holiday we can take you on an adventure of your life! The area around Biograd is famous for its pristine nature and clear blue sea. Reefs are covered in corals and inhabited by many different species of aquatic plants, as well as fishes, molluscs, crabs and sea sponges. The crystal-clear waters combined with the diverse flora and fauna of the Pašman Channel guarantee an unforgettable experience. Join us in observing the sea bottom for remnants of a bygone era – amphorae and other sunken treasure. According to many visitors, this is one of life's unforgettable experiences. As an addition to diving, an ever more popular attraction is sailing. You can explore the charms of the lateen sail on a traditional "gajeta" boat with wind in your hair, all under the guidance of our experienced sailors.

10. TERRA TRAVEL

HR-AB-23-110029251 tom@terratravel.hr www.terratravel.hr

SAILING

Naval adventure in the Zadar Archipelago

Sailing through the Zadar Archipelago; sailing around the islands of Ugljan, Rivanj, Sestrunj, Ist, Molat, Dugi Otok, and the islands of Kornati; swimming at the Sakarun Beach; Mir Cove; village of Sali; Lojena and Levrnaka coves.

The Zadar Archipelago is a special place in the Adriatic, made out of 300 islands, most of which are uninhabited. If there is a place anywhere where you can find peace or your own cove, this is it. We will begin our journey in Zadar and sail towards the islands of Rivanj and Ugljan. We will also visit the islands of Škarda, Ist and Dugi Otok, which has the highest lighthouse in the Adriatic. Apart from astonishing natural beauty, one of the specificities of this area is a sunken ship which is so close to the surface that it can be explored without special diving equipment. The turquoise sea of Sakarun Beach will make you long for a swim. You will observe and visit the true pearls of the Adriatic: a natural Salt Lake, Nature Reserve Telašćica and Kornati National Park, making stops in striking spots chosen by your captain. Give in to the fragrance of the sea and the light breeze while you enjoy the unique beauty of the Zadar Archipelago.



